

How Senior Planning and Consulting Can Help You

by Becky Dieter



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Often families find themselves in a tough situation when a family member becomes impaired with some type of dementia and they have no idea where to turn. What paperwork do we need to file? Where do I look for the paperwork with my parents advance directives, bank accounts, stocks and bonds, burial decisions? I don't know where to start!



If you are a senior or a family member of a senior, you may be confused about all of the information and decisions that you need to make as you make a plan for aging. There may have been a transition that has occurred in a senior's life such as a death of a spouse, change in medical condition, or a new medical diagnosis that requires some difficult decisions to be made. You may be asking questions like: Where do I start? What should I do? Who can I trust?

Did you know that there is help available to you? Recognizing how difficult, complicated, and stressful making decisions can be for seniors and their families. Many of you would probably like to choose to take a holistic approach which supports seniors and families and takes the time to understand each senior's situation. You need an Advisor who is there to be your partner through the process so that you don't feel alone in the world of senior care.

Don't settle for anything less than someone who will work side-by-side with you to help you to gather the information that you need such as financial, housing, medical and legal to help create a cohesive plan for moving forward. Legal documents are critical for any plan for aging and you need someone who will review those and make sure that you have what you need and if not, refer you to someone who is a vetted provider. We understand that the process should look at any medical and emotional needs you may have to determine if additional support should be provided and if Medicare will cover the support.



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By having all of the information you need to make decisions, and having someone by your side to navigate the choices available, you will feel confident and empowered to make the decisions that you need to make. Having your plan in place will hopefully avoid having to make decisions in crisis, which can be much more stressful and difficult.

Our goal at SeniorPath is that the senior and family feels supported in their journey.

